



strengthening
our home
and family

Deseret Book®

Family Home Evening Materials

Theme: 13th Article of Faith

Packet #090405

5 tips for successful Family Home Evenings

- 1. Pray.** Pray about the needs of your family as you consider topics for home evenings, and pray as you prepare.
- 2. Prioritize.** Make Family Home Evening a priority; learn to say no to other activities.
- 3. Involvement.** Involve everyone in the family; help little children take part.
- 4. Commitment.** Be committed and be consistent. Set a designated time and stick to it. Holding Family Home Evening on a weekly basis takes dedication and planning on the part of all family members.
- 5. Relax** and enjoy it. The most important thing your children will remember is the spirit they feel in your family home evenings and activities. Be sure the atmosphere is one of love, understanding, and enjoyment.



13th Article of Faith

Thought:

Give more than lip service to the Thirteenth Article of Faith, and actually seek after that “which is lovely and of good report.”

(Ezra Taft Benson)

Purpose:

To help our family better understand the Thirteenth Article of Faith.

Song:

“Our Primary Colors” *Children’s Songbook*, 258.

Scripture:

We believe in being honest, true, chaste, benevolent, virtuous, and in doing good to all men; indeed, we may say that we follow the admonition of Paul—We believe all things, we hope all things, we have endured many things, and hope to be able to endure all things. If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things.

(Article of Faith 1:13)

Lesson:

“We believe . . . in doing good to all men . . .” Heavenly Father has commanded us to love Him and to love others. We show our love for others through our thoughts and actions. One way we show our love is by doing good to others. What are ways you can do good to others? Tell how you would do good to:

1. A new boy at school.
2. Your mother when she is really tired.
3. An old man that lives next door.
4. Someone you know who is serving a mission.
5. A new Primary teacher.

“ . . . If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things.” To “seek” means to “look for.” Even when you think you are already doing good things, you can still seek after more things that are good. Put an X next to the things below that are virtuous, lovely, or of good report or praiseworthy.

- | | |
|---|--|
| <input type="checkbox"/> butterflies | <input type="checkbox"/> the scriptures |
| <input type="checkbox"/> reading | <input type="checkbox"/> picnics |
| <input type="checkbox"/> writing in a journal | <input type="checkbox"/> music lessons |
| <input type="checkbox"/> fighting | <input type="checkbox"/> talking back to someone |
| <input type="checkbox"/> swearing | <input type="checkbox"/> rainbows |

(Ann Laemmlen and Jackie Owen, *Articles of Faith Learning Book*, [Salt Lake City: Deseret Book, 1990], p.159, 168.)

Story:

Rewards for an “Honest Guy”

(James E. Faust)

Recently a local television channel ran the story of a ten-year-old boy named Josh Bowers from West Jordan, Utah. He found a wallet that had \$530 in it. Josh didn't hesitate. He picked it up and took it to his mother. The wallet belonged to a mother of four, and the \$530 was rent money she couldn't live without.

Josh had some compelling reasons to keep the money. His father had recently been disabled on the job, so his family was living on Social Security. Then there were all the things Josh could have bought with the money. What he really wanted, as he said, was a new bike. But he knew the money was not his and that someone needed that money. The relieved young mother gave Josh \$40 for returning the wallet and the money.

Josh planned to use some of the money to get his old bike tire fixed. But a viewer, on hearing the story, had Josh pick out a brand-new bike “to reward him for being an honest guy.” Interestingly, the donor of the bike wanted to remain anonymous, but he said, “Josh set an example that everybody should follow, and he looks happy.” (Honest Boy Returns Lost Wallet and Money,” KUTV News, Salt Lake City, Utah, 8 and 10 September 1998, 10:00 p.m.).

We may not all get a shiny new bicycle as a reward for our honesty, but a feeling of goodness will shine within us for doing what we know is honest and true. Ultimately, we will receive an eternal reward.

(James E. Faust, *Stories From My Life*, [Salt Lake City: Deseret Book, 2001], p. 97.)

Activity:

“ . . . *We seek after these things . . .*” Have a treasure hunt.

1. Hide in advance a dozen or so slips of paper throughout the house (or yard). Each slip of paper should contain a clue as to where the next slip of paper is hidden. The last location will be the treasure (a bag of candy or a prize). Start at the treasure and work backward when laying out the course and the clues—it is easier to give clues to where you have just been.
2. Give everyone the first clue for the location of the first hidden slip of paper.
3. Let the search begin.

(George and Jeane Chipman, *Games! Games! Games!*, [Salt Lake City: Shadow Mountain, 1983], p. 55.)

Extras:

- Review the stories of people who endured, or kept going during difficult times, such as Shadrach, Meshach, and Abed-nego (see Daniel, chapter 3); Stephen (see Acts, chapter 7); Samuel the Lamanite (see Helaman, chapter 16); or the Mormon Pioneers.

Refreshment

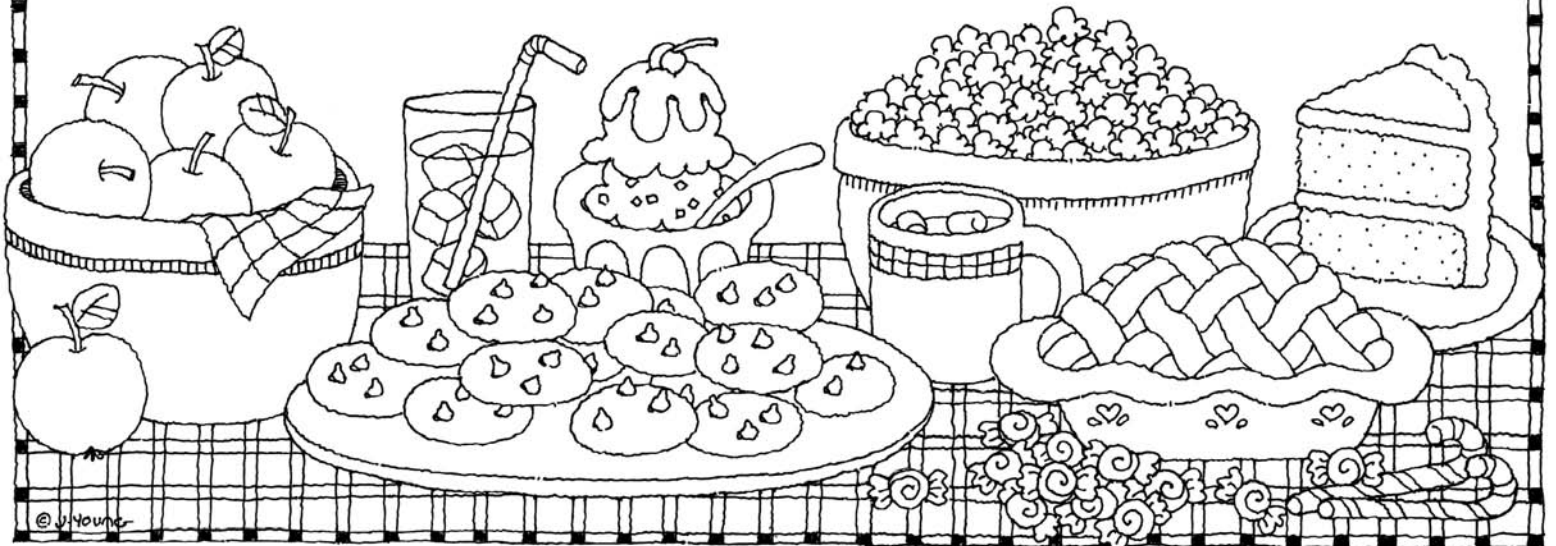
Fruit Kabobs

Watermelon
Cantaloupe
Honeydew
Pineapple
Apples
Oranges
Peaches
Cherries
Other fruit
Bamboo skewers

Cut fruit into various shapes (cubes, balls, spears) and let the children help string them on the skewers. If you wish you can try barbecuing the fruit kabobs! That's right. Baste them with the following recipe and the fruit will be delicious, especially with ice cream.

Fruit glaze: Combine the following ingredients and baste over the barbecuing fruit: 1/4 cup honey, 1/2 cup orange juice, 1/2 cup lemon juice, 1 cup powdered sugar.

(Debbie Stapley, *Having Fun Together*, [Salt Lake City: Bookcraft, 1992], p. 21.)



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